

VCE Court Approved Parent Education Classes



Parenting Classes

Systematic Training for Effective Parenting (S.T.E.P)

Parents learn how to develop long-term goals for effective parenting, age appropriate child behaviors, cooperation and discipline, how to develop their child's self-esteem and confidence, plus how to emotionally support themselves as parents.

Seven (7) weekly classes: 7:00 to 9:00 p.m.

When Families Get Angry (WFGA)

Parents learn constructive methods to handle anger and how to identify their triggers. Topics include learning where anger begins, recognizing different styles of anger, expressing anger appropriately, and effective communication.

Three (3) weekly classes: 7:00 to 9:00 p.m.

Juvenile Justice Parenting Program (JJPP)

Parents and teens learn new techniques and communication skills for teens to overcome at-risk behaviors to deter court involvement. Topics include anger management, peer pressure, shoplifting, curfew violation, truancy, drug use, disorderly conduct and disrespectful behaviors.

Adult Class: Eight (8) weeks, 7:00 - 9:00 p.m. Teen Class: Seven (7) weeks, 5:30 - 6:30 p.m.

All VCE Parenting Classes are Court Approved

Locations:Virtual Zoom, A.J Ferlazzo or James J. McCoart buildings in Woodbridge Virginia.

S Cost: \$40.00 per parent/couple

Schedules & Registration www.pwcvagov.org/parenting

Office Hours: Mon- Fri 8:00am to 5:00pm 703 -792-6288 | Habla Español: 703-792-5940

parenteducation@pwcgov.org

If you are a person with a disability and desire any assistive devise, services, or other accommodations to participate in this activity, please contact the VCE Parent Education Program Adm. at 703-792-6288/TDD number is 800-828-1120, Habla Espanol 703-792-5490 during business hours of Monday - Friday 8 a.m. to 5 p.m. to discuss accommodations five (5) days prior to the event.

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